



# The Oregon Grapevine

## Epsilon Sigma Alpha Int.

Volume #75 Issue 5

Date: 3/15/2022



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# Executive Chefs (Executive Board)



## President

“Take time to savor the flavors of ESA”

We certainly did that at our recent Winter Meeting in Albany. It was like a breath of fresh air to meet in person, get those long-awaited hugs and share information.

We were excited to have two guests from the State of California attending our meeting. They were Margo Bjork and Dorothy Morey from Bakersfield. Thank you, Albany chapter for a great meeting!

Highlights from the meeting were:

\*\*\* A wonderful speaker from Home Ranch Ministries sharing important information regarding “Human Trafficking.” The talk prompted donations of time and funds for this cause.

\*\*\* Presentation of candidates for State Office 2022-2023. Candidate information is printed elsewhere in this issue of the Grapevine.

\*\*\* Approval of a State Board recommendation for addition of \$1000 to our 2022-2023 state budget to be used as a financial incentive for membership. This is a one-year trial and details were published in last two Grapevine issues.

\*\*\* A successful fundraiser for Easter Seals on Saturday evening. We played “The Price is Right” with lots of fun and prizes.

\*\*\* Gifts presented to chapters and individuals for meeting State goals for membership and “taking a whisk” with new ideas for projects/fundraisers.

Delta Xi chapter received oven mitts in recognition of their chapter being “sizzling hot.”

(See pic included)

\*\*\* A book sale to benefit IC President, Robin Bussey’s “Furry Friends” initiative.

Proceeds will go to Raining Dogs Rescue in Eugene.

If you missed all this fun and activity, send in your registration now for convention.

Covid is retreating and it’s time to get projects off the back burner and “turn up the heat.” I cannot wait to celebrate with you as we enjoy our “just desserts” at convention. Our IC Representative will be Celeste Webb, Workshop Coordinator, from Illinois. She is looking forward to meeting all of you and sharing information from IC.

We will have fun and informative workshops and share the accomplishments we have made!

Thank you all for your continued support!

**Motivation comes from working on things we care about. It also comes from working with people we care about!** (Sheryl Sandberg)

**Note:** Although the financial incentives for membership begin in 2022-2023 year, you can still get in on drawings for nice gifts by sponsoring a new member. The member will also be eligible for the drawings. Julie Rassmann has an additional incentive of “a lunch on her!”

And finally – remember to “count memories – not calories!”

Debbie Sanguras

**1<sup>st</sup> Vice President**



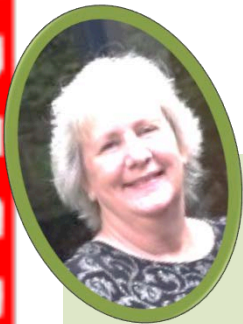
It was truly wonderful to see all of your happy faces at Winter Meeting. Omega Mu deserves a standing ovation for the wonderful job they did.

I am still looking to fill three positions on the appointed board. Please step up and volunteer for one of these: Publicity, Auditing Chair, and St. Jude’s Jr. Coordinator. There are descriptions in the Guidelines that will tell you all you need to know.

Now is the last time that you can turn into me the name of a new or reinstated member in order to get their name and your name thrown into the Chef’s Hat for the fabulous opportunity to go to dinner on me! Also, Membership Reports are due by April 1<sup>st</sup>. The report forms are online in the President’s Book.

I am so excited about our Convention in North Bend at the Mill Casino, May 20 – 22. I am also a little scared about this path that I’m on...yikes...Oregon State President!!! But I know that all of you support me and will help guide me. Thank you! See you at Convention!!!

Julie Rassmann



**Treasurer**

I really enjoyed seeing everyone at winter meeting. It was a lot of fun to actually see people. The year is going by so fast and I am starting to work on the budget.

If you have any bills to turn in please do so. Looking forward to seeing you all again at convention. You can email me or snail mail me your receipts and expense voucher. Thank you. PO Box 121, Odell OR 97044

OREGON STATE COUNCIL  
Treasurer’s Report  
02/18/2022 to 03/10/2022

Penny Phelps

<b>BEGINNING BALANCE</b>		<b>\$12802.39</b>
<b>DEPOSITS</b>		<b>\$229.00</b>
03/01/22	Winter meeting book sale	\$229.00
<b>EXPENSES</b>		<b>\$1593.53</b>
02/19/22	Check 1556 Jean Forsman-IC leadership airfare	\$507.00
02/19/22	Check 1557 Julie Rassmann-IC leadership registration	\$675.00
02/19/22	Check 1558 Lynn Hughes – Hope for Heroes-printing	\$5.78
02/19/22	Check 1559 Raining Dog Rescue(monies from book sale)	\$229.00
03/09/22	Check 1560 Penny Phelps- crown pin & gavel guard	\$176.75
<b>ENDING BALANCE</b>		<b>\$11437.86</b>

Certificate of Deposit  
Matures 06/25/2022 \$4091.89



## 2nd Vice President

Greetings from the 2nd Vice, it was so great to see so many faces at Winter meeting. I can't wait to see more members at State Convention in May.

We are fortunate to have a full slate of officers for our 2022-2023 State Executive Board. The slate will be printed in the Grapevine, thanks to Carolyn. Please review, additional nominations can still be made, but they must be sent to me two weeks before convention.

This is a final reminder to get your Outstanding Chapter forms printed from the Esa Oregon website and fill them out so you can send them to me by April 1st. I am looking forward to having my judges read and evaluate your reports. Again I would like every chapter to fill out a report even if you only have a few items on the report. It is a great way to show your chapters what you have done and what other things you can do for next year. THERE MIGHT EVEN BE A PRIZE DRAWING FOR EVERY CHAPTER WHO SUBMITS A FORM.

Send your forms to me at :  
Connie Russell  
172 Va St  
Sutherlin, OR 97479

Please let me know if you have any questions or concerns.

Thank you for all the support and help everyone has given me with filling the slate of officers. These are challenging times but ESA members are always willing to add sauce and spice to help OREGON ESA complete it's menu.

Connie Russell

If something leaves a bad taste in your mouth, spit it out and replace it with a hug!



Happy Spring, everyone! I so love seeing "our" flowers in bloom. I guess the jonquil is not technically a daffodil but they look the same to me.

I am looking forward to celebrating member years of service and chapter anniversaries at convention so please, chapter presidents, send me the information ASAP. The guidelines are in Section 3 of your yearbook. You may email ([cassidy97213@comcast.net](mailto:cassidy97213@comcast.net)) or mail (5614 NE Thompson St, Portland, OR 97213) them to me.

See you all at Convention!!!  
Donna Cassidy

## From Your Jr. Past President, State Disaster Fund Chair

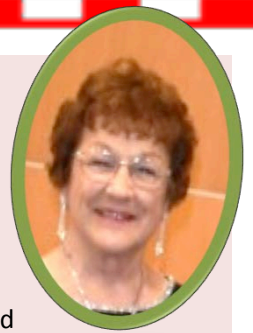
The ESA year is winding down fast ... and it's time to be thinking about State Convention already! YESSSS!!!

So .... I have put together a large "Relaxation Therapy" basket filled with over \$100 worth of items (including wine!) for your own spa day(s) to help you relax and unwind, letting your cares go by the wayside. I will sell tickets at State Convention with the drawing to be held at that time.

Ticket sales on this basket at Winter Meeting brought in \$565, so our total is now \$1,115! And I'm also receiving donation checks from various chapters which will add to this total. If your chapter has budgeted money for this fund, please write your check to "ESA Disaster Fund" and send it to me at 33779 SW Laurel Road, Hillsboro, OR 97123. Again, thank you for your generosity. It is very much appreciated!

Until we meet again at Convention, may you be blessed with peace and good health. I can't wait to see you!

Linda Gratteri



## Workshop

Thank you to everyone that brought books and bought books at leadership. This IC project was a little overwhelming but a lot of fun and who doesn't love getting new/used books!!

Thanks to all of you we were able to send \$249.00 to Raining Dogs rescue in Eugene. I will have a few books to sell at convention so be ready to shop.

Next project is.....please bring any new dog toys, dog beds, bowls, etc to convention to be donated to Raining dogs rescue.

They really do want new, they've had some bad experiences with people bringing really dirty old dog stuff.

Thank you again,  
Jean Forsman



# Sous Chefs (General Board)

## Educational Directors:

The deadline of April 1<sup>st</sup> for getting your reports to me is fast approaching. I hope you all have had fun including our President Debbie's food theme in your educationals. It is not mandatory that your theme included food or cooking but from those I spoke to at Winter Meeting, I think many of our chapters took that idea and ran with it! I very excited to see everyone's reports!

**I wanted to be sure that you know the forms and guidelines for the Educational Award Program were changed as of the 2021 Convention. Unfortunately the forms that were included in Debbie's yearbook were the previous version.**

Please be sure to use the current guidelines and forms that say "Revised 2021 Educational Award and Report Guidelines" and "Revised 2021 Educational Report Form" in the lower left corner of both pages.

I put copies of the new forms and guidelines in the Chapter and Officer's mailboxes at Winter Meeting and the updated forms are available on the Oregon ESA website. Also included on pages 26-27.

[https://www.esaoregon.org/index.php/download\\_file/force/259/179](https://www.esaoregon.org/index.php/download_file/force/259/179)

[https://www.esaoregon.org/index.php/download\\_file/force/261/179](https://www.esaoregon.org/index.php/download_file/force/261/179)

I have been instructed to allow use of the former report form and guidelines this year but I really hope that everyone will use the new format. I think that Kathy State and her documents committee made some big improvements and these will make your reporting easier.

One big change is that the reports can now be submitted to me via email rather than by snail mail. If any reports are emailed to me I will print a copy to display at Convention without a cover.

If you have any questions please call or email me. I am happy to help you in any way!

I loved seeing everyone who was able to attend Winter Meeting and I can't wait to be together again with my special ESA friends in North Bend/Coos Bay!

Mary Anne Puhl  
PO Box 807  
Port Orford, OR 97465  
Cell: 541-253-6600  
Email: marypuhl59@gmail.com



REMINDER.....  
REMINDER.....  
REMINDER.....

**ASSOCIATION OF THE ARTS DEADLINE**

If you are planning to enter anything in the Association of the Arts PLEASE get your entry form in on or before April 1<sup>st</sup>.

The entry form is located in the President’s Yearbook. Ask your chapter President for the form. It will be the responsibility of each artist who enters her work to arrange it’s transportation both to and from Convention . No items are to be mailed prior to Convention with the exception of the Literature and Music Division. Please also read the Rules for Judging.

Please send your forms and Literature and Music to:  
Pat Stupur  
1010 N.E. 108<sup>th</sup> Avenue  
Portland, Oregon

Jill Holden and I will be working together on this chairmanship.

Thank You.  
Pat Stupur

**Hope for Heroes**

In my Winter Meeting report I gave information about the Elks club’s Welcome Home Veterans program. The program provides a home starter kit to homeless veterans moving into permanent housing.

If your chapter is interested in learning how you can help you may contact Emma at 503-734-9604 to find if there is an Elks Lodge in your area participating in the program.

You may go to [elks.org](http://elks.org) website. Click on State Associations. Click on the map of Oregon. Click on districts and lodges to find where lodges are located. If you know someone who is active in the Elks contact that person.

Lynn Hughes

**Historian**

What an incredibly wonderful, therapeutic, happy, Winter Meeting. Thank you to the Albany ladies. You really outdid yourselves on every level! It was so good to visit with all of you loving women. It really felt like we had a little time to do that this meeting.

Chapters did a great job getting photos in to me for Debbie’s History, and they also got a chance to draw for a bottle of wine. I was really amazed at the number of chapters (7) who sent photos (total of 14). Chapter winners of the wine raffle were Delta Kappa, Hood River and Alpha Psi, Port Orford. Congratulations!

The day we came home from Winter Meeting I had gotten 3 more photos from one chapter, and I just received 2 photos from a fundraising event from another chapter. Any chapter who sent photos early on, before Winter Meeting, can still send photos to receive a chance at winning a bottle of wine AND OTHER GOODIES at State Convention. These photos can be emailed to me at [nandog.reid@gmail.com](mailto:nandog.reid@gmail.com) anytime. Call or text at 541-589-2071 if you have any questions.

Thank you so much for your efforts in an extremely challenging time. Remember, each photo gives you one opportunity for drawing a bottle of wine, 2 photos doubles your chances, etc.

See you at Convention! With love,  
Nancy



## Outstanding Member

Hello everyone, it was great to see everyone at Winter Meeting, what a great time. Looking forward to seeing everyone in May at State Convention.

I'm looking forward to hearing about your Chapters Outstanding Member.

Please send in the Member's name, Chapter Name & Number, City & State and Year must be included on the entry. In 2-3 sentences, please tell why your Chapter feels this Member is outstanding.

Information must be sent by mail or email by April 1<sup>st</sup> to Barb Moss, PO Box 188, Lakeview, OR 97630 or [jack.moss2017@outlook.com](mailto:jack.moss2017@outlook.com)

Each Chapter submitting a name must send \$10 with the entry. Member must be in attendance at Convention.

Hugs to all, take care and hope to see you in May.

Barb Moss

## Documents/Parliamentarian

With the year coming to an end, chairmen are finishing up their reports and getting ready to hand off the books to the new chairman. Now is a time to look at the Guidelines for that particular job and see if any changes need to be made to them. Over the years, change happens and in order to keep the Guidelines current, we need to review them, and update them so they will continue to be relevant. The Documents Committee is ready to take a look at them and get them into a workable form, but we need your help. You are the person who has the current knowledge as to what the job requirements are and we need you to tell us what needs to be added, omitted, or changed to keep the Guidelines current. Please give us your suggestions.

We have changed several forms this past year and would love to have your feedback on how they worked, and any suggestions on how they could work better. We look forward to hearing from you.

Kathy State



I followed my heart and  
it led me to the Fridge!

## Philanthropic

This is short and sweet. Remember to get your philanthropic reports filled out and to me by April 1st. PLEASE. The forms are in the president's book, and your president has a copy. Email to me or snail mail if you need to [marshaklosterman@hotmail.com](mailto:marshaklosterman@hotmail.com)

Albany was incredible. So great to see everyone in person. I'm looking forward to convention.

Marsha Klosterman





## Easter Seals

What a fun night we had at Winter Meeting fundraising for Easterseals! With the help of Omega Mu members, I was able to pull off an eventful night of "Price is Right". I stated at the beginning of the game that we would be playing by Jill's rules; we had about eight contestants that were called to "Come on Down".

We started out with four contestants and had to replace one with the one that got to move up to bigger and better games. There were laughs and audience hollering out prize amounts when the winners got to play one of the games. We had Plinko, Ace's, Golf, Spin the Wheel, Dice, and more that I have forgot. Every contestant went home with a prize too, winners went home with even more prizes.

I had an entrance fee of \$2 and I don't think one person wanting to play paid that, for we earned \$384 that is being sent to the turn around fund for Oregon Easterseals. Thank you all for your generous donation and helping me make this such a fun time.

Jill Rankin



**Bloom Fest info on pp 24-25**

## **Winter Meeting**

Winter Meeting went well, we had 43 people registered, refunded 1 registration, which gave us a total of 42 registrations.

Loafers Station did a great job with lunch and dinner, Omega Mu gave out box snacks and water for drive home on Sunday. I have enclosed what was received and spent for the Winter Meeting (see below)

The balance of \$631.13 from Winter Meeting was sent to our State Treasurer. Thank you all for coming and helping to make this meeting what it was.

Jill Rankin

Registration fees	\$3,555.00
Comfort Suits President Room 2 nights	\$(360.97)
Debbie Sanguras' Refund for Friday Night Comfort Suits	\$180.47
	\$(750.00)
Loafers Station	\$(1,500.00)
Sunday Snacks Costco	\$(228.09)
Office Supplies, Decorations, Pres. Basket, & misc.	\$(265.28)
	<hr/>
	\$ 631.13



**The Chaplains' Corner** – next to each item is the date this was originally emailed out

**Alpha Upsilon, Hillsboro, OR (1/21)**

**Shirley Woodford**, slipped in the bathroom and broke the end of her radius on her right arm and, of course, she is right handed.. She is in a fiberglass cast for 5 weeks but can move her fingers in this lightweight cast. She also injured her foot, which is now swollen and black and blue, but nothing was broken. She and Dave had to cancel a trip to Palm Springs to see their son's new condo and I think that hurt almost as much as the fall.

If you'd like to send Shirley a message of healing encouragement, please do.

Shirley Woodford, 856 SE 31st Ct., Hillsboro 97123 [shirleywoodford@gmail.com](mailto:shirleywoodford@gmail.com)

**Patsy McLean update...**It is Patsy's first week back on Chemo which leaves her very weak. She is finally getting over her bronchitis which she has had for two months. She has a PICC line. Most of you who know Patsy know she is always upbeat and as difficult as this has been for Patsy and Mick, she continues to have a great sense of humor.

Perhaps adding to her continued sense of humor with an up-beart sort of card full of encouragement and well wishes as she continues treatments is in order?

Patsy McLean, 1139 SW 12th Street, Lincoln City, OR 97367 [patsymaymc@embarqmail.com](mailto:patsymaymc@embarqmail.com)

**Delta Xi, Portland (1/21)**

**JoAnne McKinney's** mom Sharon McKinney, passed away last week in hospital in Portland, OR. Sharon is the mother of Delta Xi member, JoAnne McKinney – Oregon's St Jude Coordinator. Sharon had also been an ESA member of Delta Phi chapter some years ago.

Sharon was rushed to hospital and was waiting for a COVID test. She was put on oxygen immediately but the cancer she'd been fighting was stage 4 and had gone to her bones. Her organs were shutting down and she passed away within 2 days.

Services were held Friday, February 11, at 1 o'clock.

Hustad Funeral Home 7232 N. Richmond Ave., Portland, OR 97203

JoAnne will be staying with a friend at this time and would welcome any cards or condolences to be sent to the address of this friend: JoAnne McKinney c/o 6710 Shepherds Ct. North Keizer, OR 97303 [doggiesrus8@gmail.com](mailto:doggiesrus8@gmail.com)

**Epsilon Theta, Waldport (2/4)**

**Marcia Bradley**, Life Member of ESA, President of Waldport Chapter, Epsilon Theta has just informed us that her daughter Joanna, 49 years old, passed away suddenly on January 27,2022. She had some health issues and was diabetic but nothing life-threatening. The family believes it may have been a heart attack.

If you wish to share your caring and words of support with Marcia and her family, please send your notes to: Marcia Bradley 55 E Rainbow Rd., Waldport, OR 97394

[marcialb17@gmail.com](mailto:marcialb17@gmail.com)





### **The Chaplains' Corner, cont.**

#### **Alpha Upsilon, Hillsboro (2/22)**

**Della Schwab** and her sister decided to meet half way in Idaho for a fun visit. Della fell and wound up in the ER. She checked out OK on the fall and for a suspected ulcer, which she did not have. Wondering how she would drive the 11 hours back to Hillsboro, her sister's son volunteered to fly where they were and drive her home. Other than a very sore bottom, she is recovering nicely.

Della Schwab 538 NE 25th Court, Hillsboro, OR 97124 [iristravel@yahoo.com](mailto:iristravel@yahoo.com)

#### **Delta Kappa. Hood River (2/27)**

**Dorothy Stearns** mother, Sandy Schwarz, had a recent fall and had a complex break of artificial hip.

It is inoperable and she is currently on hospice but is back home with Dorothy. I know Dorothy would appreciate some encouraging cards. Dorothy was a Delta Kappa member until just last year and Sandy was a former Delta Kappa member also.

Dorothy Stearns PO Box 1176 Hood River OR 97031 [dwegandtphotography@gmail.com](mailto:dwegandtphotography@gmail.com)

#### **Alpha Upsilon, Hillsboro (3/14)**

**Della Schwab** update - As you remember, a couple weeks ago Della Schwab, from Alpha Upsilon, Hillsboro, was meeting her sister, Mary, in Boise, Idaho, for a get together. Her sister lives in North Dakota. Della had a hard fall getting up in the middle of the night. Her sister called 911 and while nothing was broken, she couldn't sit down for several days.

Now, Mary had a stroke a few days ago. She was rushed to the hospital. She improved a little even though she couldn't talk and she was paralyzed on her right side. There hadn't been any brain bleed and Mary was able to move her fingers and blink back commands the next day.

Della sent this message today, Monday after going to be with her sister.

"When I arrived at the hospital today she was eating lunch with enthusiasm. Yup. She is able to swallow thickened liquids. This is a huge step forward. This activity exhausted her so she's been sleeping since then. Still no speech and right side paralysis. She'll be moved to aggressive rehab tomorrow. Sure appreciated all the good thoughts and prayers." Della said she didn't know when she would come back to Hillsboro.

Della's home address is 538 NE 25th Court, Hillsboro 97124 email [iristravel@yahoo.com](mailto:iristravel@yahoo.com)

Peace be, Su



## **The Chaplains' Corner, cont.**

### **Beta Omicron, Burns**

#### **Ann Choate -**

I just talked to Ann's cousin and asked about members sending cards to her - just hello, miss you, etc. She thought that would be great. Annie is going through a heavy-duty chemo and she shaved her head the other day. Her attitude is very good. I visited several days last week, and will see her several days this week.

Please NO EMAILS OR TEXTS. I'm not sure about calls, but members could try. If she isn't up for calls, she probably wouldn't answer.

Ann Choate 608 S. Fairview, Burns, OR 97720

#### **Barb Moss -**

Barb always loves notes, cards, letters, as Jack is having a more difficult time every day.

Barb Moss PO Box 188 Lakeview, OR 97630

### **Alpha Lambda, Medford (3/15)**

**Tallie Lastwika** fell and broke her hip 3 weeks ago. She is with her son and his wife. Tallie Lastwika, 3043 Via Sarafina Dr., Henderson, Nevada 89052

**Chris Miller** had a hip replacement about 3 weeks ago. Chris Miller, 5336 Raymond Way, Central Point, Or. 97502.

**Marie Myers** passed a few mornings ago. She was living with her daughter Lisa Cresap, 1655 S. Elm St. Unit 322, Canby, Oregon 97013.

**Pam Smith**, celebrated her 89th birthday March 3rd, 555 Freeman Road, #27, Central Point, Or. 97502

**Mary Wagner** celebrated her 90th birthday March 5th, 800 N. Haskell St. #114, Central Point, Ore. 97502.

### **Alpha Upsilon, Hillsboro (3/18)**

**Linda Gratteri's** son-in-law had a stroke 3/16 evening with blockage in his brain and neck.

Please pray for Linda, her daughter, Becki, and Keith.

Linda Gratteri, 33779 SW Laurel Rd. Hillsboro 97123 [lindagratteri@gmail.com](mailto:lindagratteri@gmail.com)

### **Gamma Beta, Grants Pass (3/18)**

**Ellen Ellis** of Gamma Beta has been diagnosed with an aneurism in her aorta. She opted not to have surgery. She is at home. She would enjoy cards and prayers.

Her address is 483 Colonial Drive, Grants Pass, OR 97526. She no longer has email.

Peace be, Su

**Chaplains & Editors note** – Chaplain emails are sent to the Executive & General Boards, Chapter & District Presidents & Gavels. It is the thought that Chapter Presidents will forward message to their Chapter members.

# Oregon State Convention

The Mill Casino

Coos Bay, OR

May 20-21-22



Special Event added to  
Convention Weekend

Traditional Salmon Bake  
Dinner

Flip to page 23 for  
Registration info



# Chapter Charcuteries

## Delta Kappa- Hood River

Each year Delta Kappa offers a scholarship to Hood River Valley High School students to apply & be considered for the Award. Our committee review, score, & choose our winners. Then presents to the membership for approval. When you receive so many applications and can only choose a few, it's sad because all are deserving.

We had our January Social, Luck of the Dice Bunco party at Debbie Sanguras home. Luncheon of soup, salads, breads, wine, soda and deserts were served. We had three guests who won most of the prizes & watching their faces light up was a treat.

Four of us went to Winter Meeting in Lebanon & enjoyed the game Price Is Right put on by Jill's chapter Omega Mu. Great Meeting seeing so many in person. Many Hugs.

The nominating committee presented the slate of officers for the year 2022-2023. There were no nominations from the floor and the vote taken. Slate presented was approved. President Debbie Sanguras, Vice President Tami Arthur, Secretary Pattie Fortier, Treasurer Penny Phelps, Educational Director Martha Hoskins.

Our Outstanding Member Desert Luncheon is this Friday a Tami Arthur home at noon. Debbie and Penny will bring deserts. I'm sure they will really spice it up

Our Garage Sale is next Friday March 25th from 9- 3 and Saturday March 26th 9-1. Lots of items in perfect conduction for sale. Kitchen, Clothing, Christmas items, and a dollar table full of goodies.

Martha Hoskins



## Alpha Zeta, Eugene

We had a wonderful time at Winter Meeting!! Omega Mu did a bang-up job with decorations, games, attire and prizes. AZ cannot say enough to those of you who could not be at the meeting to convey the hard work and enthusiasm put forth by the OM ladies. Kudos to all involved.

It was great to see everyone in person. The weather cooperated until we were on our way home. Some of us had rain and others encountered snow.

Alpha Zeta continues to collect coupons for Hope for Heroes and tabs for dialysis. We have one more educational to go and, not for nothing, but they have been great. We have been eating our way around the world. So much fun and SO tasty!

We are contemplating changing our meeting time to later in the day in order to accommodate those who are still working and, also, meeting in the summer and not meet in November, January and February to that those who cannot drive at night will not have to do so. We will see how this works for us.

We have elected our new officers and will have installation at our next meeting.

The daffodils are blooming, and some trees are starting to bud. Can Spring be far behind?

Looking forward to seeing all of you at State Convention.

Lani Shimer

## Delta Xi, Portland

It is a sure sign that Spring is almost here with all the beautiful daffodils in full bloom. What a welcome sight.

### Tidbits:

Three of our chapter members were able to go to the *Western States Fling* in Palm Springs. The weather was great.

Winter meeting was a fun time for seven of our members. Debbie Sanguras presented Delta Xi with Hot Mitts because we are “A Smokin Hot Chapter”!!!

We still have Raffle tickets for a condo stay in Sun River. The tickets are \$20.00 and will be sold and drawn at State Convention. You can also contact Karen McNeil for further information. This is our biggest fund raiser for the year. It enables us to carry on our philanthropic projects throughout the year.

Projects coming up are preparing meals for Clark Center in April and Jean’s Place in May.

We will be selling tulips for the *Easter Seals Bloom Fest* which will be April 11<sup>th</sup> through the 15<sup>th</sup>.

Coupons for *Hope for Heroes*; collection items for the *Morrison Center*; *Snow Cap* donations and *The Clackamas Book Shelf* are all in the works. As you can see Delta Xi keeps busy and thankful that we can make a little bit of difference in people’s lives.

Our happy news is that Pat Bauer a member before she moved to the coast is rejoining Delta Xi and will be reinstated. So glad to have Pat back with us.

On a sad note, JoAnne McKinney’s mother, Sharon McKenney passed away. She was a past member of Delta Phi. She will always be remembered for all the beautiful flowers she donated to our projects and teaching us how to make Christmas wreaths. The Christmas wreath classes held at Kathy States home for several years were, I’m sure, quite a “challenge” for Sharon. We did have a lot of fun and laughs. She will be missed.

Our “Food for the Soul” educational in February was presented by Karen Hertl—Limburger Cheese and Bacon Jam. Pat Stupur spoke about Peanut Butter. Always an eye opener to foods we may consume.

On March 13<sup>th</sup> we were finally able to have a Bunco Social. Fifteen attended including significant others. Yes, that includes husbands! Finger foods, conversation and just being able to be together socially were enjoyed. Dick Lambert was the big winner with the most buncos.

Warning: Two of our Delta Xi members were stricken with fraud and scams this last month. Two completely different situations. Be aware and vigilant.

Andrea Storm



## Alpha Upsilon, Hillsboro

This picture is of Patsy McLean and Sandi Kucera at an Alpha Upsilon garage sale. I am helping Patsy with our Grapevine article this month, as she continues to undergo treatment.

The winner of our Palm Springs condo was Barbara Freerksen. We hope her trip to Palm Springs is an adventure to report on. Our entertaining travel education reports, given in writing and in-person, have taken us on adventures with each other.

Alpha Upsilon gave VA Family services, through the Salvation Army, \$300 to purchase vacuum cleaners for vets. We also delivered greeting cards to two Hillsboro care centers.

Alpha Upsilon hosted the Northwest District luncheon at the Hillsboro Elks Lodge. The room was decorated with hearts and 21 people attended. Our own Linda Gratteri is now Vice President of the district.

Sandi Kucera reported receiving a \$5,000 grant for veterans from J.C. Penney. She learned of the grant through the Elks. Each veteran to receive \$200 to spend at J.C. Penney, followed by a breakfast.

Both in-person and Zoom meetings are held, so some of us can attend from afar. At each meeting, we have a Choice of the Month to auction item(s) donated by members, with proceeds going to our philanthropic funds.

Blessings to all from Arizona  
Sandi Kucera







### Delta Gamma, Florence

Delta Gamma celebrated their Sisterhood with a wonderful social, a 'Members Only Auction'. Did we have fun? Oh my, YES! Everyone brought something or several somethings to be auctioned off. We met at the Mustard Seed and the owner, Deb, catered it. Great food, great place, and wonderful Sisters all there to have fun and make money, too! Melissa and Missy did an outstanding job as auctioneers. But we did have one rebel sister, Annette, who brought her hubby!

We are still planning our Annual Delta Gamma Auction. Barring any unforeseen circumstances, it will happen on: November 12, 2022, at 6:00 p.m. at the Florence Events Center

Julie Rassmann



# District Desserts

## Douglas District

Hello from Douglas District. It has been a slow start to 2022 but we are getting up to speed and planning a few meetings. And of course we are working hard with the Southern District to plan an exciting and welcoming State Convention, I know you won't want to miss it.

We will hold a zoom meeting Saturday March 12, 2022 at 9 am. If you would like to attend please send me an email and I'll send you the information.

There will be a combined meeting with Southern and Douglas District at The Mill casino & Resort on Wednesday April 20, to make final arrangements for Convention. It will be at noon or 1 pm. I will email the executive board and several others who were interested in attending. Please let me know if you need more info.

Have a great Easter and get your appetite ready for JUST DESSERTS!!

Connie Russell



## Willamette Valley District Council

Our February meeting was held after the close of Winter Meeting in Albany. It was nice to have extra people there who normally wouldn't be able to come. A slate of officers was voted on and will be installed at our June 18<sup>th</sup> meeting. A BIG *THANK YOU* to the last Board signing up for another two (2) years!!!! These outstanding ESA Sisters are:

**President Joy Serkowney**  
**Vice President Patti Anderson**  
**Secretary Lani Shimer**  
**Treasurer Marsha Klosterman**

Sadly, Epsilon Theta had disbanded, but we are hopeful that they will join us at WVDC, especially since we will be honoring Marcia Bradley for her 55 years as a Charter Member of Epsilon Theta.

***The June 18<sup>th</sup> meeting is being hosted by Alpha Zeta...time and place still to be determined.***

Julie Rassmann



# Table Talk



## Leftovers

Ideas for discussions around our own chapter tables.

### Recipes come with consequences!

Oh, Yes they do.

- That meal was so good you're required, by request, to do it again.. and again.. and again.. and again...
- There may be special dietary needs among those you feed so you changed just one little item in order to conform to their need... and it's awful.
  - Nobody wants it ever again.
- The recipe works well for wintertime when it's cold but it won't do for a summer in the sun... too heavy.
  - You exchange beef for chicken, and Voila! ...a whole new recipe.

### **Are you noting a pattern here that applies to a Recipe for Success?**

- What we used years ago, successfully, as a chapter can be used again. Dust it off and give it a try.
  - Unlike meat & potatoes... leftover ideas don't spoil with time. Update & use them.
- Watch your portions.
  - People change what and when they eat. ESA's ability to adapt to circumstance, in the last few years, has given us all a new attitude about throwing away what doesn't work as well as the permission to add a little broth of what might work now!
- COVID changed our world.
  - Change of venue and change of time of year may give a whole new flavor to the meal you serve. Change may be just the spice that makes the difference.

**Giving ourselves and our members permission to change the portions  
of long-held Traditional recipes  
May just be the way we find a new favorite dish to serve.**

*Bon Appetit!*

## Oregon State Executive Board Recommendation

The Oregon State Executive Board discussed the issue of membership goals and retention at our annual Retreat in Hood River in August 2021. We had hoped to present a recommendation from the Board at Leadership but due to the in-person meeting being changed to a ZOOM meeting, we felt it too difficult to adequately discuss and get a vote of membership.

Therefore, we are submitting this recommendation in The Grapevine and sincerely hope that all chapter Presidents will discuss within their chapter and either contact me or another State Board member with your questions or be able to present questions, comments at Winter Meeting so that we can take a vote at that time. Now is the time to offer any suggestions or changes.

We all know that membership is down in most states and Oregon is no exception. We have been discussing the need to obtain new members and retain current members for several years but have not seen the progress we had hoped for.

The Board felt that we needed some additional financial incentives for membership since it has become harder for potential members to pay the fees for joining due to financial hardship. We realize that similar proposals have been made and adopted in other states in the past with various degrees of success. Although the recommendation is for a new budget item for the state, it is felt that we can no longer afford **not** to take action. You will note that this recommendation is for **a one year trial**. If the membership votes to approve the recommendation, it would take effect for **the 2022-2023 ESA year** and be included as a State expense in next year's budget.

The Executive Board discussed the status of our 2021-2022 budget & it was agreed that since our income exceeds our expenses by \$4652, we could afford the additional expense on a one year trial basis. We have been carrying a similar ending balance for last few years. If the incentive proves beneficial in obtaining membership, we will consider options for additional funding for the future.

## **Membership Incentive Program for 2022-2023**

Recommend \$1000 be added to the Oregon State Budget for the category of membership. The funds would be used for the following:

For each new member who joins ESA in the 2022-2023 year, the State Council will pay the IC dues for the first year of \$69.00. This will be limited to the first ten new members in the State.

Every Oregon member pledging a new member will have their name entered into a drawing for State Convention registration.

Each reinstatement will have State Council Dues for the year paid by the State Council - \$15.00 each. Again, this will be limited to the first ten reinstatements in Oregon.

Each chapter must submit an expense voucher to the state treasurer for reimbursement. The request should include sponsor's name, member's name and date joined or reinstated.

(If we actually got ten new members, the IC dues would total \$690. Ten reinstatements would total \$150.00 & one state convention fee based on most recent year would be approximately \$150.00. The total expense would be \$995.00.)



# ESA 2022 STATE CONVENTION

## Just Desserts



May 20-22, 2022

Mill Casino Hotel & RV Resort, North Bend, OR

Convention Registration Deadline: April 25, 2022  
Late Registration (received after April 27) must include \$10 late fee.  
Request for refunds must be received by Registration Chairman, in writing,  
by April 25, 2022. (as per policy & procedure)

To make your reservations at Mill Casino Hotel: call 541-756-8800  
Rooms are: \$160 + taxes -- RV sites are available: \$35-\$45  
Be sure to use **CODE 6732** "ESA Oregon State Convention"

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Please fill out all All applicable spaces & mail this portion

Member (or guest) name \_\_\_\_\_ Member # \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Chapter Name \_\_\_\_\_ Chapter # \_\_\_\_\_

Phone ( ) \_\_\_\_\_ Email \_\_\_\_\_

Husband/Escort name (if attending) \_\_\_\_\_

State Board (position) \_\_\_\_\_ Chapter President \_\_\_\_\_

District President \_\_\_\_\_ Pledge \_\_\_\_\_ 1st Convention \_\_\_\_\_

Gavel (year) \_\_\_\_\_ MAL \_\_\_\_\_ Guest \_\_\_\_\_

Please list any Special Dietary needs \_\_\_\_\_

Please **select one** of **Saturday's Banquet entrees**

\_\_\_ Chicken Piccata with Wild Rice & Mixed Squash Blend

\_\_\_ Grilled Bone-In Pork Chop w/Smoked Apple Chutney & Duchess Potatoes & Succotash

\_\_\_ Portobello Napoleon (Grilled Mushroom, Zucchini, Yellow Squash, Red Pepper, Onion, Spinach,  
topped w Provolone Cheese, on bed of Parmesan Risotto)

Member Registration \$150.00 \_\_\_ Late fee (if applicable) \$10.00 \_\_\_

Guest for Banquet only \$35.00 \_\_\_ Guest Full Registration \$150.00 \_\_\_

Guest for Luncheon only \$21.00 \_\_\_

Enclosed Total \$ \_\_\_\_\_

Payable to : ESA 2022 Convention

Mail registration to: Billie Patino, 205 Landau Ln, Grants Pass, OR 97527

**ESA 2022 State Convention extra special event**

**Come early Friday, May 20, 2022 5 pm,**

**The Mill Casino & Resort**

Join Executive Chef Roberto Pedrini at the  
Fire Pit to learn about the culture of the  
Coquille Indian Tribe  
and the traditional ways of cooking the Salmon.

The demonstration will be outside at the fire pit so dress warmly,  
then come inside and enjoy a

**Traditional Salmon Bake Dinner**

Tossed Green Salad with Cherry Tomatoes, Ranch and Balsamic Vinaigrette

Traditional Pit Salmon with Huckleberry Glaze

Free Range Chicken Breast with Prosciutto & Parmesan Cheese

Wild Rice with Hazelnuts and Cranberries

Fry Bread with Huckleberry Butter and Jam

Three Berry Cobbler with Whipped Topping

Freshly Brewed Coffee, Decaffeinated Coffee, Hot Tea, Iced Tea and Assorted Sodas

\$47.50 per guest (includes gratuity)

Payment is due with your **reservation by April 25, 2022**

*We must have a minimum of 30 reservations, otherwise the event will be cancelled and your  
payment will be returned.*

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ESA Member Name, phone, email

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\_\_\_\_\_ reservations @ 47.50 per reservation

Payable to : ESA 2022 Convention  
Mail registration to: Billie Patino, 205 Landau Ln, Grants Pass, OR 97527



# BLOOMFEST April 11 - 15, 2022

## WHAT'S BLOOMFEST?

- A 31-year-old Spring tradition that brings the joy of farm-fresh tulips to thousands across Oregon while also helping the children and adults, veterans and seniors served by Easterseals Oregon.
- Thousands of tulip bouquets (from the Wooden Shoe Tulip Farm) are on display and available for \$9 each at locations in Portland and Salem to raise funds for Easterseals Oregon's life-enhancing, life-changing services.

## WHY?

To build economic security, opportunity, inclusion, health and more for children and adults living with disabilities and for the most economically disadvantaged and underserved veterans and seniors of Oregon.

## HOW?

300+ volunteers and 100+ corporate and community partners host tulip sales from April 11-15 or coordinate pre-orders that are then delivered or picked up the week of Bloomfest.

## WHERE?

**ESA:** Pre-order your bouquets through your ESA Chapter by **Wed, April 6.**  
**Online:** Go [here](#) or text BLOOMFEST to 41444.

**In-person:** Sales (April 11-15, 9 am - 5 pm) include these walk-up/drive-through locations:

- Tabernacle Seventh Day Adventist Church (Portland), April 11-15
- Lake Grove Presbyterian Church (Lake Oswego), April 14

**Delivery:** Those who pre-order 40 bouquets or more may have their flowers delivered to them for free by Bloomfest volunteers (in the Portland Metro area only) during the week of Bloomfest (April 11- 15th).

## WHEN?

Pre-order your bouquets now through your ESA Chapter until Wednesday, April 6th  
Pre-order your bouquets now through our [website](#).  
In-person sales and pick-up locations: **Monday, April 11 to Friday, April 15, 2022, 9 am - 5 pm**

## WANT MORE INFO?

**CALL US AT 503-228-5108**  
**OR EMAIL ELLEN:**  
**ECATANIA@OR.EASTERSEALS.COM**

## THANK YOU!





## ORDER SUMMARY FORM

1. Please use this form to summarize your total order (from your pre-sale Order Forms).
2. Return this form with payment to Easterseals Oregon **by Wednesday, April 6.** (Address below).
3. Please make checks payable to Easterseals Oregon.
4. If your order is \$360 or more, an Easterseals Oregon volunteer will deliver your tulips to you (if you live in the Portland Metropolitan area).

**Organization or Company Name:** \_\_\_\_\_

**Contact Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City/State/Zip:** \_\_\_\_\_

**Phone #:** \_\_\_\_\_

**Email address:** \_\_\_\_\_

**10 TULIPS IN EACH BOUQUET - Price per Bouquet = \$9.00**

**1 BOX OF TULIPS (20 BOUQUETS) = \$180 (includes free tote bag)**

**2 BOXES OF TULIPS (40 BOUQUETS)= \$360 (includes free delivery in Portland Metro area)**

### Our Order Summary:

\_\_\_\_\_ **Boxes** (20 Bouquets/Box) at \$180/box = \$\_\_\_\_\_

\_\_\_\_\_ **Bouquets** at \$9 each = \$\_\_\_\_\_

Total: \$ \_\_\_\_\_

### Our Drive-Through Pick Up Date Choice:

\_\_\_\_\_ **Mon., April 11**, 9 am - 5 pm at Tabernacle SDA Church, 26 SW Condor Way, Portland

\_\_\_\_\_ **Tues., April 12**, 9 am - 5 pm at Tabernacle SDA Church, 26 SW Condor Way, Portland

\_\_\_\_\_ **Wed., April 13**, 9 am - 5 pm at Tabernacle SDA Church, 26 SW Condor Way, Portland

\_\_\_\_\_ **Thurs., April 14**, 9 am - 5 pm at Tabernacle SDA Church, 26 SW Condor Way, Portland

\_\_\_\_\_ **Friday, April 15**, 9 am - 5 pm at Tabernacle SDA Church, 26 SW Condor Way, Portland

\_\_\_\_\_ **Thurs., April 14**, 9 am-5 pm at Lake Grove Presbyterian Church, 4040 Sunset Dr, Lake Oswego

### Our Delivery Date Choice (for those ordering 2 or more boxes/\$360 or more):

\_\_\_\_\_ **Tuesday, April 12**

\_\_\_\_\_ **Wednesday, April 13**

## Thank you!

**Easterseals Oregon 7300 SW Hunziker Rd, Ste 103 Portland, OR 97233**

Questions?: Contact Ellen Catania at 503-686-9354 or [ecatania@or.easterseals.com](mailto:ecatania@or.easterseals.com)

## Oregon State Council E.S.A.

### EDUCATIONAL AWARD AND REPORT GUIDELINES

Deadline is April 1st

**AWARDS:** Certificates will be awarded to the First, Second and Third place entries. In the event of a tie, duplicate certificates will be given.

Chapters presenting six (6) educational will receive the Gold Link Award

#### ENTRY REQUIREMENTS FOR EDUCATIONAL REPORTS

1. Entries must be postmarked on or before April 1<sup>st</sup> or they will be disqualified.
2. The Entry must be typed. A cover page must include the Chapter name, number, city, state, year, number of members in the chapter, the year's theme and the Educational Chairman's name.
3. Write a short paragraph about each educational summarizing the yearly theme, topic, method of presentation, guest speaker, visual aids, field trips. Include a comment from the Educational Chairmen giving value to the chapter/community or general comments about the presentation.
4. **Send three (3) copies, or email** the entry to the State Educational Director postmarked no later than April 1<sup>st</sup>.

**JUDGING:** Entries will be judged on the following guidelines

1. Meeting general requirements	10 Points
2. Overall Member Participation	10 Points
3. Year's Theme and related program for each Educational	25 Points
4. How Theme was carried out through each presentation	25 Points
5. Creativity of Chapter's entire program	30 Points
Total Possible Points	100 Points

When writing a paragraph about each educational, think about the following:

- a. Yearly theme, topic, method of presentation, guest speaker, visual aids, field trips, reference listings.
- b. The reporting process has been shortened in order to encourage each Chapter's participation.
- c. If you wish to submit your report to IC, please review their rules as they differ from the Oregon State Rules.

Oregon State Council  
**EDUCATIONAL REPORT FORM**

**Cover Page**

1. Chapter Name, Number and City \_\_\_\_\_
2. This year's Educational Theme \_\_\_\_\_
3. Number of Members in the Chapter \_\_\_\_\_
4. Educational Chairmen's Name \_\_\_\_\_  
Address \_\_\_\_\_

**Each educational program requires the following for each educational:**

- a. Topic of this Program \_\_\_\_\_
- b. Date of Presentation \_\_\_\_\_
- c. Presenter's Name \_\_\_\_\_
- d. Number of Members Present \_\_\_\_\_ Members in Chapter \_\_\_\_\_
- e. Method of Presentation (Check all that apply)

\_\_\_ Oral Report

\_\_\_ Guest Speaker (Who and Title. If any)

\_\_\_ Visual Aid Program (Kind and type)

\_\_\_ Field Trip (Where)

\_\_\_ Reference Listing(s) (Book or Magazine)

\_\_\_ Other (Explain - internet, pamphlets, etc.)

**Summary:** (Briefly summarize the program and attach a more complete narrative or outline stating all major points emphasized so the program can be easily understood)

**Please send to: State Educational Director**

Mary Anne Puhl  
PO Box 807  
Port Orford, OR 97465  
Email: marypuhl59@gmail.com  
Cell: 541-253-6600